

JJIE.org is a news organization and has no affiliation with Scared Straight.

But, we have compiled information below that may be helpful.

You can call 211 at any time — 24 hours a day, seven days a week — to get connected to information about addiction prevention programs for teens.

If you are in the Atlanta area, try the Emory Child and Adolescent Mood Program:

<http://www.camp-emory.com/>

If you are in Los Angeles, you can contact the Youth and Stress Mood Program at UCLA [here](#).

If you are somewhere else, look for a psychologist in your area. Even if you don't have insurance, some psychologists charge on a sliding scale.

Go to this website to find someone near you: <http://locator.apa.org/>

Psychologists and other therapists have entries on the Psychology Today website, [here](#).

The National Alliance on Mental Illness has chapters in many cities and towns. Go to this [link](#) to see if there's one near you.

You can find help from a nonprofit organization for substance abuse/addiction and/or mental health problems from the locator at SAMHSA (Substance Abuse and Mental Health Services Administration) [here](#).

Also, you can try healthtap.com. It is free. Both psychologists and psychiatrists answer people's questions.

Try Big Brothers/Big Sisters of America. You can enroll your child [here](#).